Applied Surface Science 439 (2018) 60-65

Contents lists available at ScienceDirect

**Applied Surface Science** 

journal homepage: www.elsevier.com/locate/apsusc

# Mechanical properties of nanodiamond-reinforced hydroxyapatite composite coatings deposited by suspension plasma spraying



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## ARTICLE INFO

Article history: Received 15 September 2017 Revised 12 December 2017 Accepted 2 January 2018 Available online 8 January 2018

Keywords: Hydroxyapatite Nanodiamond Microstructure Mechanical properties Suspension plasma spray

#### ABSTRACT

Hydroxyapatite (HA) coatings suffer from poor mechanical properties, which can be enhanced via incorporation of secondary bioinert reinforcement material. Nanodiamond (ND) possesses excellent mechanical properties to play the role as reinforcement for improving the mechanical properties of brittle HA bioceramic coatings. The major persistent challenge yet is the development of proper deposition techniques for fabricating the ND reinforced HA coatings. In this study, we present a novel deposition approach by plasma spraying the mixtures of ND suspension and micron-sized HA powder feedstock. The effect of ND reinforcement on the microstructure and the mechanical properties of the coatings such as hardness, adhesive strength and friction coefficient were examined. The results showed that the NDreinforced HA coatings display lower porosity, fewer unmelted particles and uniform microstructure, in turn leading to significantly enhanced mechanical properties. The study presented a promising approach to fabricate ND-reinforced HA composite coatings on metal-based medical implants for potential clinical application.

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# 1. Introduction

Hydroxyapatite (HA) has been widely used in orthopedics, maxillofacial surgery and dental implants due to its excellent biocompatibility and osseointegration in body environment [1–3]. The chemical structure (Ca/P ratio) of HA is very close to human bones and teeth, which makes it bioactive and biocompatible [4]. One of the main applications of HA is that as coatings deposited on bioinert metallic medical implants. Many coating techniques are used to deposit the HA coatings on the surface of metallic implants including sol-gel [5,6], sputtering [7,8], pulsed laser deposition [9,10], and thermal spraying [11,12]. But plasma spray is the only process which has been approved by Food and Drug Administration (FDA) for biomedical coatings due to its good coating properties as compared to other coating processes [13]. However, it has been found that HA coatings suffer mechanical failures such as fracture toughness, hardness, abrasive wear, and bonding strength [11,14,15]. The mechanical stability of HA coatings on titanium alloy substrates has been concerned for long-term clinical application.

To overcome the poor mechanical of HA coatings, bioinert materials with better mechanical properties are used for reinforce-

\* Corresponding authors. E-mail addresses: chenxiuyong@nimte.ac.cn (X. Chen), lihua@nimte.ac.cn (H. Li). ment. Previously many researchers suggested that the mechanical properties of HA coatings could be significantly improved by the incorporation of second phases such as yttria stabilized zirconium oxide [16], titanium oxide [17], aluminum oxide [14] and carbon nanotubes (CNTs) [4]. However, few materials that have been considered for HA based composites satisfy both favorable biocompatibility and sufficient mechanical properties. As an alternative novel material, nanodiamond (ND) particles have been attracting intense attentions owing to their unique properties including superior hardness, high thermal conductivity, low friction coefficient, chemical stability and resistance to harsh environments [18]. Moreover, recent reports of the biological performances of ND [19-22] further imply the possibility of ND used as additives in HA coatings for load bearing biomedical applications. However, conventional atmospheric plasma spraying technique typically has high processing temperature which is not conducive to maintaining intact physical and chemical properties of ND powder. Thus, apart from searching a suitable second phase, there is also an urgent need to find a coating preparation technique to meet these requirements. Suspension plasma spray is a relatively new coating deposition technique that uses a feedstock in a form of suspension instead of dry powder and therefore it is of particular prospect for depositing nanosized particles [23-25].



**Full Length Article** 



Applied Surface Science In this study, we report novel ND-reinforced HA composite coatings deposited by plasma spraying the mixtures of suspension and powder feedstock. Different from conventional suspension plasma spraying processes, the micron-sized powders and ND contained suspension were fed into the flame separately. The chemical composition and microstructure formation of the HA and ND reinforced HA coatings were investigated. To elucidate the mechanical performances of the coatings, hardness, adhesive strength and frictional tests were carried out. This study provides a competitive approach for processing HA based biomedical materials.

# 2. Experimental setup

HA powder in nanosize was synthesized via a wet chemical reaction between  $(NH_4)_2HPO_4$ ,  $Ca(NO_3)_2$  and  $NH_3H_2O$  according to an established protocol [26]. The as-synthesized nanosizes HA powder was poured into 3.0 wt.% polyvinyl alcohol (PVA, as a binder). The HA powder was then mechanically stirred for 5 h to form the slurry and dried at 120 °C. Particle size was given by the manufacturer as 120–400 mesh. For nanodiamond (ND) suspension preparation, ND powders (Qinghai Microcrystalline Nano Technology Co., China) with particle size of ~5 nm were added to the solvent (mixture of distilled water and ethanol with the ratio of 1:1). The suspensions with ND concentration of 0.5 wt.% and 2.0 wt.% were investigated.

HA coatings with/without reinforcement of ND were deposited onto titanium substrates by an APS-2000 K plasma spray system (AVIC Beijing Aeronautical Manufacturing Technology Research Institute, China). The suspension plasma spray system is schematically depicted in Fig. 1d. The spray distances of 100 mm (from the HA powder injector to the substrate) and 50 mm (from the ND suspension injector to the substrate) were adopted for coating deposition. Prior to the spraying, the substrates were surface grit blasted. For plasma spraying, the plasma power is 25 kW. In this study, three different types of coating samples were investigated. They are the HA coating-made from sole HA, the HA/0.5ND coating made from mixture of suspension with ND concentration of 0.5 wt.% and HA powder feedstock and the HA/2.0ND coating-made from mixture of suspension with ND concentration of 2.0 wt.% and HA powder feedstock.

Transmission electron microscopy (TEM, Tecnai F20, USA) and field emission scanning electron microscopy (FEI Quanta FEG250, the Netherlands) were employed for microstructural characterization of the powder and coatings. Raman spectra of the samples were obtained by an inVia Raman Microspectrometer from Renishaw (UK) using 325 nm HeCd laser with a resolution of 1 cm<sup>-1</sup>. Chemical compositions of the samples were detected by X-ray diffraction (XRD, Bruker AXS, Germany) at a scanning rate of 0.1°/s using Cu K $\alpha$  radiation operated at 40 kV. Adhesive strength of the HA and HA/ND coatings on titanium substrates were determined by scratch test using a micro-scratch tester (WS-2006, Kaihua Science and Technology Co. Ltd., China). Vickers microhardness of the coatings was determined by Micro-Vickers microhardness tester (HV-1000, Shanghai Lianer Testing Equipment Corporation, China) on polished coatings under a load of 200 g for 10 s. An average microhardness was collected from 5 indents for each sample. The scratches were linear with progressively increasing load. The test was carried out using an initial load of 1.0 N and a final load of 60 N. The increase rate of the load was 12 N/min. Scratch length of 5 mm was employed. The friction signals were used for the estimation of the critical load, Lc. Microtribological properties of HA and HA/ND coatings were studied on a UMT-3MT tribometer (CETR, USA) in reciprocating-sliding mode. Commercially available stainless steel balls ( $\Phi = 3 \text{ mm}$ ) were used. All the frictional tests were carried out in PBS solution under a load



Fig. 1. FE-SEM images of (a) the as-synthesized nanosized HA and (b) the micron-sized HA powder, (c) FE-SEM and TEM images of the as-received ND, and (d) schematic diagram of the suspension plasma spray process.

of 2 N at a constant sliding velocity of 10 mm/s for 60 min. The friction coefficient-time plots were recorded automatically and each measurement was performed three times. The statistical analysis was carried out with OriginPro (version 7.5) at confidence levels of 95, 99.5 and 99.9%.

## 3. Results and discussion

#### 3.1. Characterization of the powders and coatings

The as-synthesized HA shows a rod-like shape for the HA nanoparticles (Fig. 1a). HA grains have the size of ~20 to 45 nm in length and 10 nm in diameter. The SEM image of the HA micro- powders indicates that the particles have the size of ~75 to 150  $\mu$ m (Fig. 1b). The as-received ND particles show a primary size of ~5 nm in diameter (Fig. 1c). The aggregation could be clearly seen due to the unstable nature of detonation ND, which agrees well with previous findings [27,28]. Further TEM characterization confirms the aggregation and the (1 1 1) planes of the ND in Fig. 1(c, the inset), which demonstrated that the particle was diamond. Fig. 1d shows the scheme of the deposition of the HA-based nanocomposites on titanium substrates. HA/ND composite coatings were fabricated via a suspension plasma spray approach. The specially designed feeding system favors better protection of ND from flame and easy formation of HA/ND composite coatings.

Fig. 2 presents the scanning electron micrographs of the HA coatings with and without ND reinforcement on titanium substrates. Many particles remained unmelted or partially melted which indicates that the power of 25 kW could not provide sufficient energy to melt all particles and resulted in a non-uniform microstructure in the HA coatings (Fig. 2a-1). The coating shows typical hybrid micro-/nano-structures on its surface due to the decomposition of HA in the hot plasma jet during the spraying process (Fig. 2a-2). The thickness of HA coating is  $\sim$ 30  $\mu$ m (Fig. 2a-3). When added with 0.5 wt.% ND (Fig. 2b-1), more particles were completely melted and well-flattened particles were deposited. Porosity of the ND reinforced HA coating (~11%) was observed to be much lower than that of pure HA coating ( $\sim$ 49%), which is expected since more unmelted or partially melted particles usually results in higher porosity. Similar observation was reported by Yugeswaran et al. for yttria stabilized zirconia reinforced hydroxyapatite coatings [15] and by Singh et al. for Al<sub>2</sub>O<sub>3</sub> reinforced hydroxyapatite coatings [29]. Almost all of the HA powder were well melted with 2.0 wt.% ND addition (Fig. 2c-1). In addition, the size of nanostructures on its surface increases with ND content (Fig. 2c-2 vs a-2). The relative density of the HA/ND composite coating increased with adding of ND (Fig. 2b, c). It should be noted here that ND has a thermal conductivity more than 1000 times higher than that of HA [30,31]. Hence it might allow lower cooling rate to the neighboring HA particles, resulting in enhanced melting of HA in the HA/ND composites coating. Moreover, it can be seen that the coating which is far from the substrate displays relative lower density than that next to the substrate (Fig. 2b-3, c-3), which can be explained that the cooling time for molten HA particles also depends on the thermal conductivity of substrate material and thickness of the previously deposited coating.

Besides microstructural effects, the coating stability is largely dependent on the chemical composition and crystallinity of the coatings. X-ray diffraction (XRD) patterns for feedstock and coatings are shown in Fig. 3. The HA feedstock structure (Fig. 3a) is



Fig. 2. FE-SEM images of (a) the as-sprayed HA coating, (b) the HA/0.5ND coating, and (c) the HA/2.0ND coating. (-2 is enlarged view of selected area in -1, -3 is cross-sectional view of the coating).



**Fig. 3.** X-ray diffraction curves of (a) the starting HA powder, (b) the as-received ND powder, and (c) the as-sprayed HA coating, (d) the HA/0.5ND coating and (e) the HA/2.0ND coating.

mainly consisted of HA phases (JCPDS card No.: 9-432) [32]. The XRD pattern of the as-received ND particles has two peaks (Fig. 3b) which correspond to the (1 1 1) and (2 2 0) atomic planes of diamond, respectively (JCPDS card No.: 79-1467) [33,34]. The assprayed HA and HA/ND composite coatings, apart from the crystalline HA phases, show a small amount of  $\beta$ -tri-calcium phosphate (β-TCP), monoclinic calcium oxide phosphate (TTCP) and calcium oxide (CaO) (Fig. 3c–e). The appearance of  $\beta$ -TCP, TTCP and CaO is related to the decomposition of HA in the hot plasma jet during the spraying process. Similar results have been previously reported during the formation of conventional plasma sprayed HA coatings [14,35,36]. In fact, the existence of small amounts of  $\beta$ -TCP, TTCP and CaO is believed to have no significant effect on the biocompatibility of the HA coatings in physiological environment [37]. It should be noted that ND can be seen between  $42^{\circ}$  to  $44^{\circ}$  and  $75^{\circ}$ to 77° in the XRD patterns of ND-reinforced HA coatings (Fig. 3d, e). The result indicates the successful fabrication of the HA/ND composite coatings with well-retained structure of ND by suspension plasma spray.

To further confirm the successful fabrication of the HA/ND composite coatings with perfectly retained structure of ND, the Raman spectroscopy was used to verify the presence of ND in the composite coatings. Raman spectroscopy is a versatile tool for structural characterization of carbon nanostructures and carbon nanostructure containing composites [38,39]. The as-received ND powders exhibit the characteristic Raman features: the asymmetrically broadened sharp diamond peak around 1325 cm<sup>-1</sup> and the broad band between 1500 cm<sup>-1</sup> and 1800 cm<sup>-1</sup> is assigned to as the "G band" (Fig. 4b), which is consistent with previous studies [18,40]. The HA coating sample does not show any significant Raman signal between 1200–1800 cm<sup>-1</sup> (Fig. 4a), suggesting that the contribution of HA to Raman signals of the HA/ND composite coatings can be neglected. The Raman spectroscopy curves detected from the surface of the HA/ND composite coatings show well-retained ND, which suggests the efficient protection by suspension plasma spray (Fig. 4c, d). The result further confirmed that the approach proposed here provides an efficient approach for fabricating ND reinforced composite coatings.

# 3.2. Mechanical performances of the coatings

High hardness is required for a good wear resistance and long service life of metallic implants. The microhardness of coatings increased with an increase in ND content to HA coating (Fig. 5).



**Fig. 4.** Raman spectra (325 nm excitation) of (a) the as-sprayed HA coating, (b) the as-received ND powder, (c) the HA/0.5ND coating and (d) the HA/2.0ND coating.

The HA coating alone has an average HV value of 159. However, the hardness of HA/0.5ND coating and HA/2.0ND coating displayed significantly higher (p < .05 and p < .001) than that of the HA coating. It can be explained that the ND reinforced HA coatings have much lower porosity as well as high ND content. ND particles can diffuse between HA particles and enhance the hardness of the HA coating. The results are in close agreement with previous studies [40,41]. In addition, the presence of unmelted particles and pores inside the coating microstructure would also play a very important role in the adhesive strength of the coating. Coatings with good mechanical properties could only be obtained from the coatings which has undergone complete melted. Such wellmelted HA particles can form maximum contact between the substrate and adjoining layers which would lead to the adhesive and cohesive characteristics needed for the formation of coatings with good mechanical strength. However, the presence of crystalline HA would tend to produce coatings which are porous and mechanically weak in nature due to the limited degree of melting. Therefore, appropriate melting is necessary for the production of coatings with dense microstructure and good mechanical properties. The adhesive strength of the HA coatings as a function of reinforced ND content is also shown in Fig. 5. The result shows that there is a slight improvement in adhesive strength with 0.5% ND



**Fig. 5.** Vickers hardness and adhesive strength (represented by Lc) of the HA coating and ND reinforced HA coatings. Error bars represent mean ± SD for n = 3. Microhardness: p < .05 and p < .001 compared with HA coating; ##p < .005 compared with HA/0.5ND coating. Adhesive strength: &Bmp < .001 compared with HA coating.



**Fig. 6.** Variation of friction coefficients with sliding time for HA coatings with/ without ND reinforced measured at a load of 2 N: (a) the HA coating, (b) the HA/ 0.5ND coating, and (c) the HA/2.0ND coating.

reinforcement. Although average higher adhesive strength of HA/0.5ND coating than that of the HA coating, no statistically significant difference was observed between them. It is worth noting that the adhesive strength of HA/2.0ND coating displayed significantly higher (p < .001) than that of the HA coating. ND might decrease the cooling rate of the in-flight HA particles thereby causing enhancement of the adhesive strength in HA/ND composite coatings. Similar results were reported that reinforcement of second phase in HA coatings enhanced the bond strength and cohesive strength on titanium substrates [14,16]. Our ongoing efforts are being devoted to clarifying the influence of the reinforcement on the cooling rate of in-flight particles.

The effect of ND reinforcement on the friction coefficient of the HA coatings at 2.0 N load is evaluated in the PBS environment (Fig. 6). The friction coefficient of the pure HA coatings is  $\sim 0.46$ (Fig. 6a). The addition of ND results in significant decrease in the friction coefficient (Fig. 6b). The friction coefficient decreases from  $\sim$ 0.41 for the coating comprising 0.5 wt.% ND to  $\sim$ 0.25 for the coating comprising 2.0 wt.% ND. This trend might mainly be caused by the reduced porosity and enhanced hardness with respect to ND reinforcement. The result is consistent with the microstructure characterization of the coatings (Fig. 3). Furthermore, the decrease of the friction coefficient might be attributed to ND particles in NDreinforced HA coatings acting as underprop lubricant with low friction coefficient. Similar results were also reported by Bao et al. for plasma-sprayed Al-Si/nanodiamond composite coatings [42] and by Stravato et al. for HVOF-sprayed nylon-11 + nanodiamond composite coatings [43]. Moreover, carbon nanomaterials, such as fullerenes [44], carbon nanotubes (CNTs) [45,46] and graphene [47,48], have attracted great interest for their demonstrated decreasing friction and increasing wear resistance properties as well as important tribological applications. The result once again confirmed that the HA coating with good mechanical properties was successfully fabricated by ND reinforcement. The novel ND reinforced HA coatings could be potentially used for long service life metallic implants applications.

### 4. Conclusions

In conclusion, ND-reinforced HA composite coatings were developed on titanium substrates by a suspension plasma spray process. ND structure was well retained in HA/ND composite coatings. The ND-reinforced HA composite coatings displayed lower porosity and uniform microstructure. The mechanical properties of the coatings were significantly enhanced in comparison to pure HA coatings. The approach presented here is potentially important for the development of HA coatings on metal based implants with desirable mechanical properties.

#### Acknowledgments

This work was supported by National Natural Science Foundation of China (grant # 51401232 and 41706076), Ningbo Municipal Major Projects on Industrial Technology Innovation (grant # 2015B11054), CAS-Iranian Vice Presidency for Science and Technology Joint Research Project (grant # 174433KYSB20160085), International Scientific and Technological Cooperation Project of Ningbo (2017D10011) and Key Research and Development Program of Zhejiang Province (grant # 2017C01003).

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